6th graders, please hold hands with the 1st graders on the way to school!
Morning!
Good morning!
きょろ
GLANCE
Hey, there. Tsumugi-chan, right?
SHFF
Let's go.
Okay!

Gido Amagakure
Cooking Advisor: Akari Taitou

MURMUR
MURMUR
Ah ha ha!
Morn-ing!
Good morning!
Look! Look!
FLASH
Good morning, Tsumugi-chan!
Kozue-chan! Good morning!
Huh...
What? What?
Squeal! Squeal!
That's so cute!
I want some too!
I bet they're gonna fall off if you wash your hands.
HMPH.
My big sister did it for me!
You put stickers on them!

You're mean!
Aww!
You're so mean!
Ha ha ha!
I'm gonna put one here to make a mole!
SPLAT
Mikio-kun, say you're sorry!
I don't want it anymore!
Hmph!
Soooorry!
ERK...
P-pay?
Knock it off.
Can you pay them back for that sticker?
I'm happy we got to talk to them.
Hee hee. But both Suguru-kun and Mikio-kun are so cool.
Jeez...

Hmm...
Hm-mmm...
Well, Mikio-kun's funny and Sugurukun's nice. And they're both good at sports.
Are they really cool??
Yup.
Are they cool?

Good morning!
Oh, Nagisa-chan! Good morning!
But being "cool" is more like—

BA-DUM

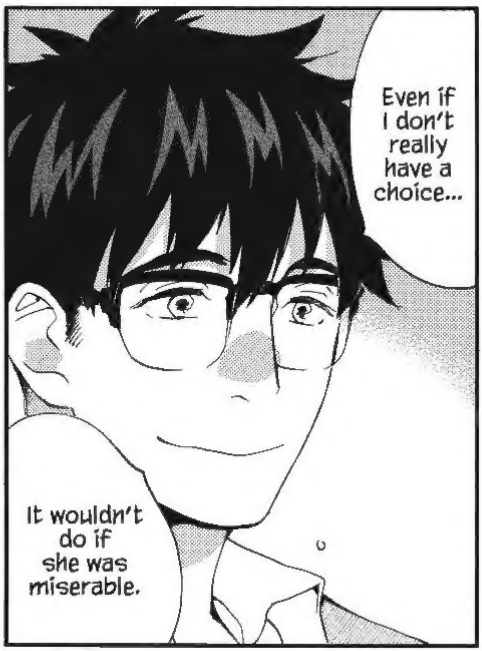
Why are you being so mean?!
So on TV yesterday...
...Hi.
Good morning.
Book title: "Language"
...but the turnip wouldn't come out.
He pulled and pulled...
Good morning, everyone.
Good morning!

SCHOOL LUNCH!

OKAY!
We have extra sides and milk...
...so anyone who wants more, come line up after you finish what you've got.
We're having orange jello today!
Yummy yummy!
SIGH...
What's wrong? You don't look so good.
You hungry?
Eat something.
Actually...
We're having a family meeting...

What should I say...?
Oh—
Hey, now!
Gotcha...
...about what you're doing after graduation?
Yup.
Dad's coming too.
Sensei!
MGMMPH
Don't eat while you walk!
But you're using your cell phone while you walk.
Erk.
I-I just got a message from the after-school program.
It's set up so that you get a message on your phone when your kid arrives. Amazing, huh?
Beep
Arrival Check!
Wow!
The future is here, huh?

That's right. Tsumugi's in an after-school program, isn't she?
Yeah. Half the class is in it, apparently.
She's really having fun, which makes me happy.


Even if I don't really have a choice...
It wouldn't do if she was miserable.

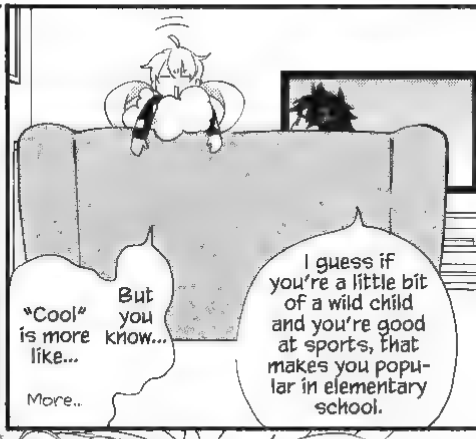
Of course they are...
She's thinking about herself.
?

Of course.
I see... So the feelings of the person in question are a factor as well.

Huh!!
So then she says... ...that Mikio-kun is cool! Mikio-kun! Can you believe it?

S-She's trying to make me feel better.
...yeah.

Like what? Like Daddy?
HA HA HA!


"Cool" is more like...
But you know...
More..
I guess if you're a little bit of a wild child and you're good at sports, that makes you popular in elementary school.

You're so lucky. I wish I could try it too.
My back.
You're a grown-up, so you're not allowed!
And school lunch was yummy again today!

*Fish marinated in Saikyo miso, a type of miso made in Tokyo.

SCOOP SCOOP
Hey, you know..
You there!
Sit down and eat.
Okay!
Ah ha ha!
GASP
Sensei! Inuzuka-san is wasting food!
Huh?

I wanted to take it home!
I am not!
Huh?
Huh?
!?
?!
Wow, she's right!
That's bad!
GYAAAA
GYAH!
Ahem.
Your school lunch has been carefully prepared to give you the right balance of nutrition to get through the afternoon.
Sensei!
Sensei, can you do that?
Can you do that?!
Every-one, be quiet!
Be quiet!
GYAH!
Is that allowed?
GYAH!
HYAH!

Inuzuka-san's silly isn't she?
SNICKER SNICKER
Hee hee hee!
I already knew that, didn't you?
So Inuzuka-san, let's eat our lunch at school, okay?
BLUSH
Um—
Right
Excuse me, sensei!
SHWOOP
Cwan I pwut it twin mwy mwouth and twake it hwome?
Absolutely not.
You'll choke yourself.

BWAH HA HA
HA HA
AH HA HA!
Please sit down!
Mikio-kun's so weird.

You ready, Tsumugi?
Your dad's here.
Inuzuka-san...
?

I see.
So you tried to take some lunch home for me?
I wasn't allowed...
Awww...
She did that for Daddy?
Mikio-kun did something funny, and they all turned to him and forgot about you, right?
Your teacher told me.
Was he trying to protect her?
If so, that makes him really cool.?
HAAAHooo
That's a big sigh.
Mmmm...

...a school lunch at home?
Want to make...

GLANCE

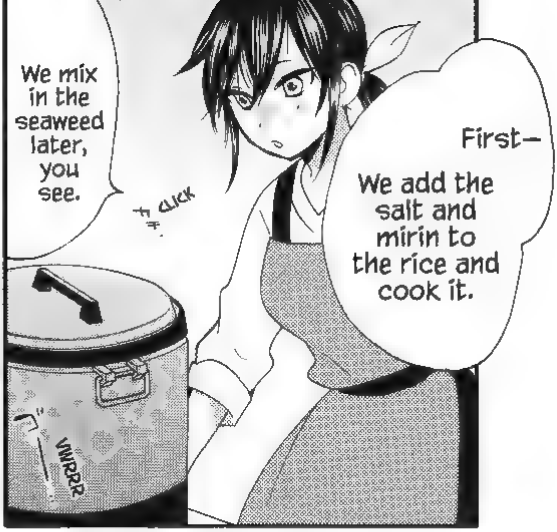
Well, I don't want you to start hating school lunch, do you?
EEEH...

Hmm?
I'll ask.
Okay. If we can do it with Kotori-chan!

I've got that family meeting tonight...
No, not at all.
Sorry it's all so sudden.
...I want to do something fun before that...
So at least...
FIDDLE FIDDLE
Thanks for having us!

That's fantastic! It's so cute!
Gosh!
I brought it!
^^ HEE HEE!
Tsumugi-chan's the lunch lady!
TA-DAH!
!!
BOTTLED MILK
Wow!
It's totally like a school lunch!
I actually went and bought these too.
...and Saikyo-yaki.
☆ Ingredients (Per Slice) ☆
Make more if you have more people!
1 slice sawara (Spanish mackerel)
1/3 teaspoon salt
20g saikyo miso
1 teaspoon mirin
Fishie!
Today our main dishes will be wakame seaweed rice...
☆ Ingredients Per Serving of Rice (200 ml) ☆
If you have 3-4 people, double it and make two servings
1 cup (200 ml) rice
2 teaspoons roasted sesame seeds
1/4 teaspoon salt
1 Tablespoon mirin
30g salted wakame seaweed (soaked in water to plump up)
1 teaspoon usukuchi (light) soy sauce

The first time I ate it I thought it was soooo good!
Me, too!
And I really love it, too!
I haven't had seaweed rice in so long!
HEE HEE HEE


We mix in the seaweed later, you see.
First—
We add the salt and mirin to the rice and cook it.
click
VWRRR

So while that's cooking, let's take care of the fish.
Most any white fish is fine
Today let's try using sawara.

...but rice mixed with stuff is the best!
RICE
White rice is good...
They're really in harmony

Then you put it on the fillets and wrap them up...
...then let them sit for half a day or so.
Sure, sure.
Like this?
Mix up the miso and mirin...

Thank you!
Ooh!
Pat dry any moisture that is drawn out
I've salted these, and let them sit for an hour.

Ooh!
Oh!
It's like a cooking show!
And these have been marinating for over half a day.
LOOKIE LOOK!
HALF A DAY...?
Wipe off the miso...
Gra-cious, yeah.
She's been...
...really gre... grea...
These can be left marinating for up to two days.
So you can take these to eat later at home.
Like this?
Put the skin side up.
That's right.
First, let's cook it on low for four to five minutes.
Put vegetable oil on the grill first.
We're going to cook it on the grill!

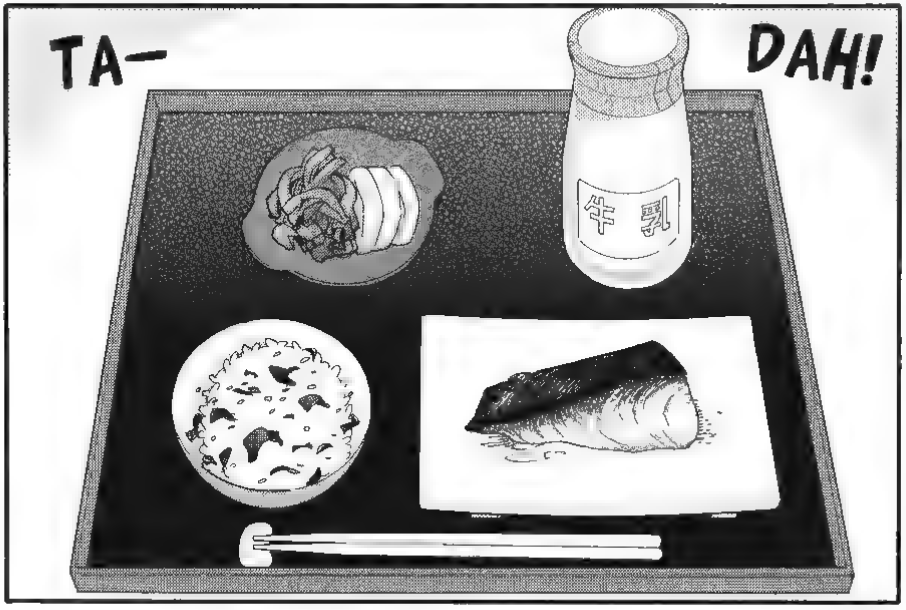
Keep an eye on it while it broils!
Turn it over and cook for another three to four minutes.
It smells good.
...and mix it with the soy sauce.
Then while we wait, we take the wakame we plumped up, slice it...
Like this?
Leave it to me!
Who wants to mix the seaweed into the rice?
Mixing the rice...
Oooh!
Ah, ah, ah...

Milk! Milk!

I'll put the rice in the bowls, okay?

The fats make it all glossy and golden!

It looks so good!



Bottle: Milk

They're from the restaurant, but facing each other makes it feel like the real thing, doesn't it?
And these feel like desks...
It's like we're at school!
WOW...
It looks delicious.

LET'S EAT!

It's fresh off the grill, so be careful!
Aah...
Puff
NOM
NOM
CLATTER
CLATTER

It's good!

I didn't realize you can make Saikyo-yaki at home!
It's delish...
Miso is the best.
So good, so good.
The texture and saltiness of the rice is perfect.
NOM NOM

It was weird at first having milk with rice.
しあじみ…
DREAMY
It's not really a normal combination, is it?
Mous-tache

MI
&
LK

I did!
That's right. Daddy went to elementary school, too!
!

Do you have any questions?
Yup.
And so did Kotori-chan, right?

...had a few very close friends...
I was kind of a space cadet...
...so I....

I...
Well...

Did you make a hundred friends?

I got to be friends with her in middle school, but...
That's right! Shinobu!
Ooh, but!
You don't need to be in a hurry to make friends.
So I was always a little scared of her.
Shinobu was kind of... a tomboy, I guess.
We went to the same elementary school, but were always in different classes.
But now we're best friends!
YUP!
Do you want me to add something?
Uh...
W-Was that good enough?
I see.

So even if you're not friends now...
...you can be in the future.
Is there someone you want to be friends with?
...Yeah.

HMM....
To play...
She can come over if she wants!
Then let's try inviting her to play!
Right. We stopped eating for a minute there.
Let's eat!
Let's eat!
Yeah!
Yeah!
Yeah.
It's very refreshing.
This is a good flavor.
CHEW

STARE
I wanted to bring some home for you, Daddy.
Um—
I-it's good! School lunch is really good!
Aah... I sure am glad we made this!
Yeah!
HEE HEE HEE!
Now then...
What happens with Kotori's family meeting?
To be continued...